

Pre-operative Instructions
From the Office of John F. Landis DDS
(904) 246-6545

1. A parent or guardian **must be present** with all minors (anyone under the age of 18). The parent or guardian must stay in the waiting room while the surgical procedure is performed. Anyone under the age of 18 without a parent or guardian will be rescheduled – **No Exceptions!**
2. Any patient having a sedative procedure **must have someone to drive him or her home**. Your ride must be present during your entire visit to the office. Patients arriving without a ride will be rescheduled. – **No Exceptions!**
3. Patients having surgery should come to the office on an empty stomach. Do not have anything to eat or drink after midnight prior to your surgery (not even water). Patients that do not comply with this request will be rescheduled. Please note that is for your safety. Alcoholic beverages should be avoided for at least twenty-four hours prior to your scheduled surgery.
4. Our office will monitor your vital signs during your surgery. For this reason it is suggested that you dress appropriately. Due to the equipment utilized during the monitoring process wearing a short sleeve button-up shirt is suggested for your comfort.
5. Please do not wear makeup, nail polish, flip flops, or sandals the day of your surgery.
6. Leave all valuables at home.
7. Please do not wear your contacts on the day of surgery.
8. For our patient's that take a blood thinner or aspirin on a daily basis: Please stop taking this medication _____ days prior to your surgery as instructed by Dr. Barsamian or Dr. Landis.
9. If you take any other medications on a daily basis, please take your medications as prescribed unless you have been directed to do otherwise.
Directions:

10. Other:
