

**Post- Operative Instructions
Prosthetic Appliance Placement
From the Office of John F. Landis, DDS
(904) 246-6545**

1. Post-operative bleeding should last for 2-3 hours. During this time, you should remove the prosthesis every 20-30 minutes to rinse out the blood that has collected in the denture. Gauze can be placed between the upper and lower teeth to create more pressure against the extraction site.
2. Once the bleeding has stopped, the denture should be left in place all day and night. Sleeping with the prosthesis in place will help to confine the amount swelling that takes place. Otherwise, you may not be able to fit the appliance in place the next morning. You most likely will have an appointment to see your general dentist the day after surgery for any required adjustments.
3. You may have been given a tube of oxygel at the surgical appointment. This clear salve should be placed into the denture 4-6 times daily until it is all gone. This product is designed to sooth the traumatized tissue and speed the healing of the extraction sites. Warm salt water rinsing beginning the day after surgery will also speed the healing process.
4. A resilient liner has been placed into your prosthesis after the surgical procedure. This liner is white in color and should remain in place until changed by our office or the office of your general dentist.
5. The day following surgery, the denture can be taken out at bedtime and stored in an airtight container submerged in water to keep the liner soft. The function of this liner is to create a cushion between the surgical sites and the hard acrylic material of the denture. The denture will require adjustments for the first several months since the tissue will remodel during the healing process. Liners also will be changed until you have reached the eventual final liner. This will be a hard liner material placed only after all the healing is complete

**If you have questions or concerns, please do not hesitate to
contact the office!**